



# ALLERGEN MENU + INGREDIENTS

Individual foods may come in contact with one another during preparation which is not reflected on this chart. Although efforts are made to avoid cross-contact of allergens, we cannot guarantee that cross-contact with allergens will not occur. Before placing your order, please inform our team member if you or anyone in your party has a food allergy.

## BASES

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	GLUTEN	VEGAN	VEGETARIAN	SESAME	MUSHROOM	GARLIC	COMMENTS
FRENCH BAGUETTE								•	•	•				
RICE PAPER									•	•				
VERMICELLI NOODLE									•	•				
PHO RICE NOODLE									•	•				
WHITE RICE									•	•				
GARLIC RICE									•	•		•	•	
CAULIFLOWER RICE									•	•				
SHIRATAKI NOODLE									•	•				
FRIED RICE BASE	•	•			•				•	•		•	•	

## PROTEIN

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	GLUTEN	VEGAN	VEGETARIAN	SESAME	MUSHROOM	GARLIC	COMMENTS
BEEF STEAK		•						•					•	Glazed with marinade containing soy sauce.
JUMBO SHRIMP		•			•	•		•					•	Glazed with marinade containing soy sauce.
CHICKEN THIGH (ENTREE & PHO)		•						•			•	•	•	Glazed with marinade containing soy sauce.
PORK BELLY		•		•	•			•				•	•	Glazed with marinade containing soy sauce.
GLAZED TOFU		•						•	•	•		•	•	Glazed with marinade with soy sauce; tofu fried with traces of pork and shellfish.
TOFU (PHO)									•	•			•	
EYE ROUND BEEF (PHO)														
OXTAIL MEAT												•		
FRIED RICE MEATS (CHX, SHR, BEEF)		•			•	•		•						
SALMON FILET		•			•			•					•	

## TOPPINGS

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	GLUTEN	VEGAN	VEGETARIAN	SESAME	MUSHROOM	GARLIC	COMMENTS
FRIED SHALLOTS									•	•				
CRUSHED PEANUTS							•		•	•				
CRISPY ROLL								•	•	•				Fried in fryer with traces of shellfish and pork.
SAUTÉED VEGGIES									•	•		•	•	
SEASONAL VEGGIES (BROCCOLINI)									•	•		•	•	

## SAUCES

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	GLUTEN	VEGAN	VEGETARIAN	SESAME	MUSHROOM	GARLIC	COMMENTS
PEANUT SAUCE		•					•	•	•	•				
SPICY PEANUT SAUCE		•				•	•							Contains ingredients with traces of shrimp.
SWEET CHILI									•	•				
VIETNAMESE VINAIGRETTE					•				•				•	
YUZU VINAIGRETTE (VEGAN)									•	•		•	•	
SPICY SOY (VEGAN)		•								•		•	•	
VIETNAMESE MAYO	•									•			•	
SRIRACHA MAYO	•		•							•			•	
BÁNH MÌ GLAZE		•						•	•	•			•	
SATE (NO-MSG)									•	•		•		

## BROTHS

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	GLUTEN	VEGAN	VEGETARIAN	SESAME	MUSHROOM	GARLIC	COMMENTS
BEEF OXTAIL BROTH												•	•	
VEGGIE BROTH									•	•		•	•	
SPICY OXTAIL BROTH												•	•	
SPICY VEGGIE BROTH									•	•		•	•	

## SIDES + MISC ITEMS

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	GLUTEN	VEGAN	VEGETARIAN	SESAME	MUSHROOM	GARLIC	COMMENTS
SRHIMP AND PORK EGG ROLL				•	•			•				•		
VEGETARIAN EGG ROLL								•		•		•		Fried in fryer with traces of shellfish and pork.
FRIED EGG	•													
SCRAMBLED EGG	•													
VIET COFFEE			•											

VEGAN SUGGESTIONS	GLUTEN-FREE SUGGESTIONS
Any Entree with no protein Regular Peanut Sauce Sweet Chili Sauce	Tofu or Beef Pho No protein Rolls with no crispy roll Unglazed Tofu Sweet Chili/Vinaigrette Sauces



## NUTRITIONAL INFORMATION

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<b>NOODLE SALAD BOWL (W/O EGGROLLS,W/O SAUCE)</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
BEEF STEAK	702	88.5	44	17
CHICKEN THIGH	718	91.5	42	19
JUMBO SHRIMP	593	91.5	40	17
PORK BELLY	873	104.5	40	33
TOFU	653	94.5	35	21

<b>BÁNH MÌ SANDWICH (VIET MAYO)</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
BEEF STEAK	1077	79	59	57
CHICKEN THIGH	1093	82	57	59
JUMBO SHRIMP	968	82	55	47
PORK BELLY	1248	95	55	73
TOFU	1028	85	50	61

<b>PHO</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
SPICY OXTAIL PHO	692	45	50	28
BEEF STEAK PHO	507	44	47	11
CHICKEN PHO	547	47	45	15
SHRIMP PHO	422	47	43	3
VEGAN PHO	422	56	26	14

<b>SUMMER ROLLS (3 ROLLS W/O SAUCE)</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
BEEF STEAK	810	114.5	43	23
CHICKEN THIGH	826	117.5	40	24
JUMBO SHRIMP	701	117.5	38	12
PORK BELLY	981	130.5	38	38
TOFU	761	120.5	33	26

<b>SUMMER ROLL (SINGLES W/O SAUCE)</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
BEEF STEAK	270	38	14	8
CHICKEN THIGH	275	39	13	8
JUMBO SHRIMP	234	39	13	4
PORK BELLY	327	44	13	13
TOFU	254	40	11	9

<b>RICESTYLE BOWLS (WITH CHICKEN, W/O SAUCE)</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
SAIGON	818	69	43	41
LOW-CARB (14 g Dietary Fiber)	665	25	48	39
GARDEN	651	63	30	38
POWER	1312	92	77	71
TOFU	254	40	11	9

<b>MOM'S FRIED RICE</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
LARGE	1200	110	52	62
REGULAR	800	75	35	41



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<b>BASES</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
FRENCH BREAD (100 g)	275	52	9	3
RICE PAPER (1 Sheet)	40	10	0	0
VERMICELLI NOODLES (6 wt oz)	270	58.5	5.25	<1
VERMICELLI NOODLES FOR ROLLS (.5 cup)	180	39	3.5	<.5
PHO NOODLES (100 g)	150	34	2	<.5
WHITE RICE (1 cup)	205	45	4	.5
GARLIC RICE (1 cup)	340	51	5	13
CAULIFLOWER RICE (1 cup, 2 g Fiber, 3 Net Carbs)	25	5	2	<.5
SHIRATAKI NOODLES (6 wt oz, 2 g fiber, 2 Net Carbs)	15	3	0	<.5

<b>PROTEINS</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
BEEF STEAK (4 oz)	229	0	31	11
JUMBO SHRIMP (9 pc)	120	3	27	0
CHICKEN THIGH (4 oz)	245	3	29	12
PORK BELLY (4 oz)	400	16	27	26
TOFU (9 slices)	180	6	22	14
EYE ROUND (4 oz)	205	0	31	8
OXTAIL MEAT (4 oz)	300	0	34	16
FRIED EGGS (2 pc)	180	0	12	13
SCRAMBLED EGG (3 oz)	111	6	11.1	3.6
MIXED PROTEIN FOR FRIED RICE	268	2	33	12

<b>VEGGIES</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
GREEN LEAF LETTUCE	5	0	0	0
PICKLED MEDLEY	40	9	1	0
GREEN ONION	10	2	1	0
WHITE ONIONS	10	2	0	0
CILANTRO	1	0	0	0
SCALLION OIL (1 tbs)	115	<1	<1	13
BEAN SPROUTS	10	2	1	0
JALAPEÑOS	10	1	1	0
LIME	1	0	0	0
DAIKON	12	4	0	0
CARROTS	20	4	0	0
MINT	0	0	0	0
CUCUMBER	15	3	1	0
THAI BASIL	0	0	0	0
AVOCADO (1/4 Med)	60	3	2	5.5
BROCCOLINI (3 oz, Stir-Fry)	45	4	1	3
BELL PEPPER/ONION MIX (2 oz, Stir-Fry)	40	4	1	2



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<b>TOPPING</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
<b>FRIED SHALLOTS (1 tbs)</b>	<b>77</b>	<b>12</b>	<b>1.5</b>	<b>2.5</b>
<b>CRUSHED PEANUTS (1 tbs)</b>	<b>45</b>	<b>2</b>	<b>2</b>	<b>4</b>
<b>CRISPY ROLL</b>	<b>40</b>	<b>4</b>	<b>1</b>	<b>4</b>
<b>CAGE-FREE EGG (Sunny Side Up)</b>	<b>90</b>	<b>0</b>	<b>6</b>	<b>8</b>

<b>SIDES + MISC ITEMS</b>	<b>CALORIES</b>	<b>CARBS (g)</b>	<b>PROTEIN (g)</b>	<b>FAT (g)</b>
<b>SHRIMP &amp; PORK EGG ROLLS (1 pc)</b>	<b>200</b>	<b>20</b>	<b>8</b>	<b>12</b>
<b>VEGETARIAN EGG ROLLS (1 pc)</b>	<b>110</b>	<b>9</b>	<b>&lt;1</b>	<b>9</b>
<b>PEANUT SAUCE (3 fl oz)</b>	<b>170</b>	<b>14</b>	<b>6</b>	<b>11</b>
<b>SPICY PEANUT SAUCE (3 fl oz)</b>	<b>240</b>	<b>17</b>	<b>6</b>	<b>6</b>
<b>SWEET CHILI (3 fl oz)</b>	<b>210</b>	<b>51</b>	<b>0</b>	<b>0</b>
<b>VIETNAMESE VINAIGRETTE (3 fl oz)</b>	<b>125</b>	<b>33</b>	<b>.6</b>	<b>0</b>
<b>YUZU VINANIGRETTE (VEGAN) (3 fl oz)</b>	<b>85</b>	<b>17</b>	<b>0</b>	<b>0</b>
<b>SPICY SOY (VEGAN) (3 fl oz)</b>	<b>140</b>	<b>33</b>	<b>&lt;1</b>	<b>&lt;1</b>
<b>BEEF PHO BROTH (8 fl oz)</b>	<b>60</b>	<b>2</b>	<b>6</b>	<b>1.5</b>
<b>VEGAN BROTH (8 fl oz)</b>	<b>30</b>	<b>5</b>	<b>0</b>	<b>0</b>
<b>VIET MAYO (2 tbs)</b>	<b>240</b>	<b>&lt;1</b>	<b>1</b>	<b>25</b>
<b>SRIRACHA MAYO (2 tbs)</b>	<b>200</b>	<b>3</b>	<b>1</b>	<b>21</b>
<b>SATE SAUCE (.5 fl oz)</b>	<b>90</b>	<b>1</b>	<b>0</b>	<b>9</b>