NUTRITIONAL INFORMATION

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BASES	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
FRENCH BREAD (100 g)	275	52	9	3
RICE PAPER (1 Sheet)	40	10	0	0
VERMICELLI NOODLES (6 wt oz)	270	58.5	5.25	<1
VERMICELLI NOODLES FOR ROLLS (.25 cup)	90	20	2	<.5
PHO NOODLES (100 g)	150	34	2	<.5
WHITE RICE (6 fl oz)	154	34	3	<.5
GARLIC RICE (6 fl oz)	255	38	4	10
SHIRATAKI NOODLES (6 wt oz, 2 g fiber, 2 net carbs)	15	3	0	<.5

PROTEIN	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
LEMONGRASS CHICKEN (4 wt oz)	245	3	29	12
GRASS-FED BEEF BRISKET (4 wt oz)	220	0	25	14
OXTAIL & AMERICAN WAGYU MIX (4 wt oz)	260	0	28	16
AMERICAN WAGYU EYE ROUND (4 wt oz)	170	0	28	6
PASTURE-RAISED PORK BELLY (4 wt oz)	410	16	25	27
JUMBO SHRIMP (9 pc)	120	3	27	0
ATLANTIC SALMON (5 oz)	280	0	33	12
GLAZED TOFU (1.5 Block = 9 slices)	180	6	14	14
TOFU (UNGLAZED)	160	2	13	14
FRIED EGGS (2)	180	0	13	14
SCRAMBLED EGGS (3 oz)	111	6	11.1	3.6
MIXED PROTEIN FOR FRIED RICE (4 wt oz)	268	2	33	12

VEGGIES	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
GREEN LEAF LETTUCE	5	0	0	0
PICKLED MEDLEY	40	9	1	0
GREEN ONION	10	2	1	0
WHITE ONIONS	10	2	0	0
CILANTRO	1	0	0	0
SCALLION OIL (1 tbs)	115	<1	<1	13
BEAN SPROUTS	10	2	1	0
JALAPEÑOS	10	1	1	0
LIME	1	0	0	0
DAIKON	12	4	0	0
CARROTS	20	4	0	0
MINT	0	0	0	0
CUCUMBER	15	3	1	0
THAI BASIL	0	0	0	0
AVOCADO (1/4 Medium)	60	3	2	5.5
BELL PEPPER & ONION MIX (2 wt oz, Stir-Fry)	40	4	1	2
BOK CHOY (2 wt oz, Stir Fry)	45	1	1	4
SAUTÉED PHO VEGGIES (Bean Sprouts, Basil, Onion, Scallion)	40	4	1	2

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TOPPINGS	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
FRIED SHALLOTS (1 tbs)	77	12	1.5	2.5
CRUSHED PEANUTS (1 tbs)	45	2	2	4
CRISPY ROLL	40	4	1	4
CAGE-FREE EGG (Sunny Side Up)	90	0	6	8

MISCELLANEOUS	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
CHICKEN & PORK EGG ROLLS (1 pc)	200	20	8	12
VEGETARIAN EGG ROLLS (1 pc)	110	9	<1	9
OXTAIL BEEF PHO BROTH (20 fl oz)	150	5	15	5
VEGGIE BROTH (20 fl oz)	75	13	0	0
WINGS (8 pc, Medium, Plain or Sea Salt & Black Pepper)	600	0	51	43
POPCORN CHICKEN	725	28	61	39
SHOESTRING FRIES	610	69	8	33
MANGO SAGO JAR	430	62	6	8
STRAWBERRY MATCHA JAR	410	72	8	10

SAUCES	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
PEANUT SAUCE (1.5 fl oz)	85	7	3	5.5
SPICY PEANUT SAUCE (1.5 fl oz)	120	9	3	3
SWEET CHILI (1.5 fl oz)	115	26.5	0	0
VIETNAMESE VINAIGRETTE (1.5 fl oz)	60	15.5	0.3	0
CILANTRO JALAPEÑO AIOLI (1.5 fl oz)	120	1.5	0.3	0
VIET MAYO (1 fl oz)	140	0.5	1	14
SRIRACHA MAYO (1 fl oz)	120	1	1	11
SATÉ CHILI OIL (0.5 fl oz)	90	1	0	9
VEGAN RANCH (1.5 fl oz)	90	5	1	8.5
SPICY SWEET CHILI WING SAUCE (1 fl oz)	90	18	0	2
VIET-STYLE WING SAUCE (1 fl oz)	50	12	0	1
SRIRACHA-HOISIN FOR FRENCH DIP BÁNH MÌ (1 fl oz)	95	7.5	0.5	6

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NOODLE SALAD BOWL (W/O EGGROLLS, W/O SAUCE)	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
LEMONGRASS CHICKEN (4 wt oz)	718	91.5	42	19
GRASS-FED BEEF BRISKET (4 wt oz)	693	88.5	38	21
OXTAIL & AMERICAN WAGYU MIX (4 wt oz)	733	88.5	38	21
AMERICAN WAGYU EYE ROUND (4 wt oz)	643	88.5	41	13
PASTURE-RAISED PORK BELLY (4 wt oz)	883	104.5	38	34
JUMBO SHRIMP (9 pc)	593	91.5	40	7
ATLANTIC SALMON (5 oz)	753	88.5	46	18.6
GLAZED TOFU (4.5 wt oz)	653	94.5	27	21

BÁNH MÌ SANDWICH (VIET MAYO)	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
LEMONGRASS CHICKEN (4 wt oz)	993	82	57	48
GRASS-FED BEEF BRISKET (4 wt oz)	968	79	52.7	49.6
OXTAIL & AMERICAN WAGYU MIX (4 wt oz)	1008	79	56	52
AMERICAN WAGYU EYE ROUND (4 wt oz)	918	79	56	42
PASTURE-RAISED PORK BELLY (4 wt oz)	1158	95	53	63
JUMBO SHRIMP (9 pc)	868	82	55	36
ATLANTIC SALMON (5 oz)	1028	79	61	47.6
GLAZED TOFU (4.5 wt oz)	928	85	42	50

SUMMER ROLLS (SINGLE ROLL W/O SAUCE)	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
LEMONGRASS CHICKEN (4 wt oz)	275	39	13	8
GRASS-FED BEEF BRISKET (4 wt oz)	267	38	12	9
OXTAIL & AMERICAN WAGYU MIX (4 wt oz)	280	38	13	9
AMERICAN WAGYU EYE ROUND (4 wt oz)	250	38	13	6
PASTURE-RAISED PORK BELLY (4 wt oz)	330	44	12	13
JUMBO SHRIMP (9 pc)	234	39	13	4
ATLANTIC SALMON (5 oz)	287	38	15	8
GLAZED TOFU (4.5 wt oz)	254	40	8	9

MOM'S FRIED RICE	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
CHICKEN, SHRIMP, STEAK ENTREE	1539	129	61	86
CHICKEN, SHRIMP, STEAK SIDE	770	65	30	43
SALMON ENTREE	1551	127	61	86
SALMON SIDE	776	64	30	43
OXTAIL & AMERICAN WAGYU MIX ENTREE	1531	127	56	90
OXTAIL & AMERICAN WAGYU MIX SIDE	766	64	28	45
TOFU ENTREE	1271	133	42	88
TOFU SIDE	636	67	21	44

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LIFESTYLE RICE BOWLS (W/O SAUCE)	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
SAIGON BOWL (w/ Chicken)	822	67	44	42
GARDEN BOWL (w/ Tofu)	651	63	22	38
POWER BOWL (w/ Chicken	1190	88	63	66
100G BOWL (w/ Chicken)	1587	89	112	87

48-HOUR PHO	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
SPICY OXTAIL PHO	682	46	47	30
AMERICAN WAGYU STEAK PHO	512	51	33	19
CHICKEN PHO	577	48	48	17
SHRIMP PHO (w/ Oxtail Broth)	452	48	46	5
SALMON PHO (w/ Oxtail Broth)	612	45	52	32
VEGAN PHO	780	60	51	32
ALL-IN COMBO BEEF PHO	662	48	53	27
BEEF BRISKET PHO	552	45	44	29
POWER PHO (6 oz Beef)	687	51	54	30
LOW CARB PHO (4 oz Beef)	377	20	31	19

FRENCH DIP BÁNH MÌ (W/ OXTAIL BROTH)	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
LEMONGRASS CHICKEN (4 wt oz)	727	53	63	22
OXTAIL & AMERICAN WAGYU MIX (4 wt oz)	812	78	55	32
PASTURE-RAISED PORK BELLY (4 wt oz)	971	94	52	43
BRAISED BRISKET (4 wt oz)	781	78	52	30
GLAZED TOFU (9 pc)	450	12	35	36

PHO TACOS (3 PC)	CALORIES	CARBS (g)	PROTEIN (g)	FAT (g)
LEMONGRASS CHICKEN (4 wt oz)	621	72	38	23
OXTAIL & AMERICAN WAGYU MIX (4 wt oz)	636	69	37	27
PASTURE-RAISED PORK BELLY (4 wt oz)	786	85	34	38
BRAISED BRISKET (4 wt oz)	596	69	34	25
GLAZED TOFU (9 pc)	556	75	23	25

ALLERGEN MENU + INGREDIENTS

Individual foods may come in contact with one another during preparation which is not reflected on this chart. Although efforts are made to avoid cross-contact of allergens, we cannot guarantee that cross-contact with allergens will not occur. Before placing your order, please inform our team member if you or anyone in your party has a food allergy.

BASES

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	TREE NUTS	GLUTEN	SESAME	MUSHROOM	GARLIC	AVOCADO	VEGAN	VEGETARIAN	COMMENTS
FRENCH BAGUETTE									●					●	●	
RICE PAPER														●	●	
VERMICELLI NOODLE														●	●	
GREEN LEAF LETTUCE														●	●	
PHO RICE NOODLE														●	●	
WHITE RICE														●	●	
GARLIC RICE											●	●	●	●	●	
SHIRATAKI NOODLE														●	●	
FRIED RICE BASE	●	●			●						●	●	●			

PROTEIN

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	TREE NUTS	GLUTEN	SESAME	MUSHROOM	GARLIC	AVOCADO	VEGAN	VEGETARIAN	COMMENTS
LEMONGRASS CHICKEN		●									●	●	●			Glazed with gluten-free marinade containing soy.
JUMBO SHRIMP		●			●	●						●	●			Glazed with gluten-free marinade containing soy.
ATLANTIC SALMON					●											
BERKSHIRE PORK BELLY		●		●	●						●	●	●			Glazed with gluten-free marinade containing soy.
GLAZED TOFU		●									●	●	●	●	●	Glazed with gluten-free marinade containing soy; tofu fried with traces of chicken and shellfish.
TOFU (PHO)														●	●	Fried with Fera Fruit Oil.
AM. WAGYU BEEF STEAK																
BRAISED BRISKET											●					
OXTAIL & AM. WAGYU MIX											●					
FRIED RICE PROTEINS		●			●	●							●			

TOPPINGS

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	TREE NUTS	GLUTEN	SESAME	MUSHROOM	GARLIC	AVOCADO	VEGAN	VEGETARIAN	COMMENTS
FRIED SHALLOTS														●	●	
CRUSHED PEANUTS							●							●	●	
CRISPY GOODNESS														●	●	Made with corn tortilla shells. Fried with Fera Fruit Oil.
SAUTÉED VEGGIES (ONION & BELL PEPPERS)											●	●	●	●	●	
BOK CHOY (SEASONAL VEGGIE)											●	●	●	●	●	

SAUCES

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	TREE NUTS	GLUTEN	SESAME	MUSHROOM	GARLIC	AVOCADO	VEGAN	VEGETARIAN	COMMENTS
PEANUT SAUCE		●					●		●					●	●	
SPICY PEANUT SAUCE		●					●	●	●					●	●	
ROLLPLAY SECRET SAUCE	●												●		●	
SWEET CHILI														●	●	
VIETNAMESE VINAIGRETTE					●							●				
CILANTRO JALAPEÑO AIOLI	●												●		●	
VEGAN RANCH												●		●	●	
VIET MAYO	●										●	●	●		●	
SRIRACHA MAYO	●		●									●	●		●	
BÁNH MÌ GLAZE		●												●	●	
SATÉ CHILI OIL											●	●	●	●	●	
CHILI CRUNCH							●				●	●	●	●	●	Made with corn tortilla shells.
SPICY SWEET CHILI WING SAUCE											●	●	●			
VIET-STYLE WING SAUCE					●							●				Contains xanthem gum.
HOUSE SPICY BUFFALO WING SAUCE												●	●	●	●	Contains xanthem gum.

BROTHS

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	TREE NUTS	GLUTEN	SESAME	MUSHROOM	GARLIC	AVOCADO	VEGAN	VEGETARIAN	COMMENTS
OXTAIL BROTH											●	●				
VEGGIE BROTH											●	●		●	●	
CHICKEN BROTH											●					
SPICY OXTAIL BROTH											●	●				
SPICY VEGGIE BROTH											●	●		●	●	
SPICY CHICKEN BROTH											●					

SIDES & MISC ITEMS

	EGG	SOY	DAIRY	PORK	FISH	SHELLFISH	PEANUTS	TREE NUTS	GLUTEN	SESAME	MUSHROOM	GARLIC	AVOCADO	VEGAN	VEGETARIAN	COMMENTS
CHICKEN & SHRIMP EGG ROLLS					●	●					●					Fried with Fera Fruit Oil.
VEGETARIAN EGG ROLLS											●				●	Fried with Fera Fruit Oil. Fried in separate fryer.
CHICKEN WINGS																Fried with Fera Fruit Oil.
POPCORN CHICKEN		●									●	●				Glazed with gluten-free marinade containing soy. Fried with Fera Fruit Oil.
SHOESTRING FRIES														●	●	Fried with Fera Fruit Oil.
FRIED EGG	●															
SCRAMBLED EGGS	●															
VIET COFFEE			●													
STRAWBERRY MATCHA JAR									●					●	●	Contains gluten oats.
MANGO SAGO JAR									●					●	●	Contains gluten oats.

VEGAN SUGGESTIONS

Vegan Pho, Garden Rice Bowl, Vegan Noodle Bowl, Create Your Own Entrée (with tofu or no protein), Vegetarian Egg Rolls, Shoestring Fries, Loaded Fries (with tofu + no egg toppings)

Veggie Broth, Peanut Sauce, Spicy Peanut Sauce, Vegan Ranch, Sweet Chili, Saté Chili Oil, Chili Crunch, Mango Sago Jar

GLUTEN-FREE SUGGESTIONS

Any Pho (with no hoisin), Rice Bowl, Fried Rice, Noodle Salad, Summer Rolls, Wings, Shoestring Fries, Popcorn Chicken

RollPlay Secret Sauce, Sweet Chili, Viet Vinaigrette, Cilantro Jalapeño Aioli, Vegan Ranch, Saté Chili Oil, Chili Crunch

AVOCADO-FREE SUGGESTIONS

Beef Brisket Pho, Spicy Oxtail Pho, Wagyu Beef Steak Pho, All-in Combo Beef Pho, Chicken Pho, Wings, Shoestring Fries, Popcorn Chicken

Peanut Sauce, Spicy Peanut Sauce, Viet Vinaigrette, Sweet Chili, Vegan Ranch, Hoisin, Sriracha